



2018 CKRR New Year's Eve Run



Hello Everyone!

The New Year is a fast approaching and with it comes the NYE Race! For those of you that don't know I took over as race director from Vern. Hope I can make it as great!! This year we are going to have some really fun medals so I hope everyone enjoys them. I would love to see everyone at the race this year and start the New Year off with increased race participation but more importantly, sharing old friendships and making new ones. Who doesn't need additional running buddies? Come hang out with us and reminisce over what a great year we've had. I do have some wonderful people that have offered to help me this year. If you'd like to volunteer just send me an email!!

ashleybshanks@gmail.com

~~ Ashley Shanks, Race Director

10 Tips to Make Winter Running Less Miserable **

1. **Give Yourself a Carrot**– Lure yourself out the door with the promise of a reward after your run. It could be a sweet treat, special meal or something else that motivates you. Also set a date to run with someone else. It's harder to whimp out when someone is waiting on you.
2. **Wear the Right Shoes**– To keep your feet warm and dry, try running in shoes that have the least amount of mesh. Shoes with Gore-Tex uppers are even better. Make sure to wear socks that wick away wetness but also keep your feet warm.
3. **Dress Like IT's Warmer**- Make sure you are warm but you don't want to sweat so much you get a chill. A good rule of thumb is to dress as if it is 20 degrees warmer. You should be slightly cool when you start. Wear layers that wick sweat with zippers at the neck and underarm area to vent air as you heat up.
4. **Get Lit**– Since Winter has limited daylight, there is a good chance you will be running in the dark. You should always wear reflective, fluorescent gear! Don't be shy about looking like a Christmas tree!! You should also wear a headlamp or carry a flashlight, not just so you can see but so others can see you.
5. **Warm Up Prerun**– Before heading out the door try moving around enough to get your blood flowing. The cold doesn't feel as cold if you are warm when you go outside.
6. **Out Smart the Wind**– You should always start your run into the wind and finish with the wind to your back. This way the wind does hit you after you are sweaty. Another tip is to try breaking up your run. Run into the wind for about 10 minutes, turn around and run with the wind to your back for 5 minutes, and repeat. You can use BodyGlide on your nose and cheeks to help prevent frostbite.
7. **Be Flexible with Pace and Mileage**– Winter running should be more about maintenance miles than speedwork. If you can't run in the middle of the day when the temps are warmest, try running twice a day. Split your mileage between a morning and an evening run.
8. **Change Quickly Postrun**– Your core body will start dropping as soon as you stop running. It is recommended that you change all of your clothes, head to toe, as soon as possible. Women make sure to get a damp sports bra quickly.
9. **Run Well in Rain**– When it's raining you can slip plastic baggies over your feet before putting them in your running shoes. Always keep a spare set of shoes, clothes and extra towels in your vehicle. To dry wet shoes overnight cram wadded up newspaper tightly in the shoe, with the sole removed.
10. **Race Someplace Warm**– Having a winter race to aim for is a great way to keep motivated as you train through the fall. Even better? Knowing race day will be free from snow and ice. You can pick a race in the Southern states where winter temps are milder. You can use Race Finder to choose a distance and destination.

**Taken from <https://www.runnersworld.com/training/a20825038/10-tips-to-make-winter-running-less-miserable/>



CKRR Fun Run in the Park

Every Wednesday

Free to all!!

Run any distance you want!!

Highland Park @ 5PM

Registration located at concession stand

Points of Interest:

On September 29, 2018 Anna Rangel ran the Fort 4 Fitness Half Marathon finishing with a time of 2:08:34. Indianapolis Monumental Marathon

Ashley Shanks and Keith Hill ran the 2018 Great Turtle Trail Run on Mackinac Island on October 27, 2018. Both finished with a time of 2:16:32



Indianapolis Monumental Half/Marathon November 3, 2018:



Warren and Felicia Tierney completed the half marathon in 3:26:21 and 3:26:23 respectively.

Kory Kennedy (1:29:07), Kirk Kennedy (2:28:35) and Cara McKellar (2:34:28) all finished the half marathon.

Byron Bundrent also completed the Half with a time of 1:29:43, for 1st place in his age group (55-59)

Brody and John Brack finished the half in 1:23:07 and 1:52:18 respectively. Brody finished 6h in his age group!!

Brittiani Gillem ran the full marathon in 6:35:37. She ran with Ainsley's Angels. She was excited that she was able to complete her 3rd marathon.

Noel Shafer also completed the full marathon with a time of 2:59:42 placing 242 out of 4536 and 11th in his age group (50-54)

Run a non-club race lately? Don't forget to share so everyone can see the cool races you've done! Send all info and pics to: editorckrr@gmail.com. **REMINDER: to receive club points the info must be turned in within 14 days of completing the race.**



CLUB MEETING

MONDAY, DECEMBER 10 @ 6 P.M. @ CROSS AMERICA

N REED ROAD., KOKOMO, (ACROSS FROM GFS & MENARDS)

SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED

Member Profile

Name: Dani McQuaide

How long have you been running/walking?

I started the couch to 5k program in March of 2011.

What made you start running/walking?

I wanted to try to do something that would improve myself. I had a friend who ran regularly and loved it! She talked me into doing C25K in 2011 and the Mini in 2012.

Best athletic accomplishment and why?

As silly as it sounds now, I think it was the first time I ran 20 minutes without stopping or walking. For some reason, 20 minutes just seemed like SO LONG. I still remember how proud and amazed I felt when I was done.

If you like to race, what is your favorite race distance?

Why?

I really like a 10K. It feels long enough to be a challenge, but short enough to not to need all the logistics or recovery of some of the longer races.

Favorite local running route?

My neighborhood! Our neighborhood is fairly active, it's nice to go for a run and be able to say "hello" to neighbors. It's rare to go for a run and not see at least someone else out for a run or a walk. This time of year, it's also fun to check out the Christmas decorations.

Favorite club race? Why?

New Year's Eve race. That was my first CKRR race. I like the mid-day start, I like that everyone hangs out after to eat and share. It's just a fun way to end the year.

Favorite non-club race? Why?

I really have two: Oak Barrel Half Marathon in Lynchburg, TN and the Lincoln Presidential Half Marathon in Springfield, IL. Both are smaller half marathons and mix a great community feel with solid race production. Oak Barrel has beautiful scenery and great post race food. Lincoln Presidential runs past all the President Lincoln sites in Springfield, the history buff in me really loved that!

Favorite post run/walk treat?

I do love to find a big burger after a race. If it comes with a beer too, even better!

What is your favorite piece of running/walking gear?

It's getting colder, so I'm going to have to say my buff. I'm such a wimp in the cold, I love how versatile the buff is to keep my neck and face warm.



Do you have a running/walking superstition?

Not really, but before a longer race I do always like to lay out my "flat Dani." where I lay out everything I need in the morning, make sure my bib is on the shirt straight, fuel is in the belt, and I just in general have everything I need. It's less superstition than just making sure I have everything in order to cut down on stress in the morning.

If you could run/walk with anyone, who would it be?

I love Meb Keflezighi... pretty sure he wouldn't want to run my pace though!

Why did you join CKRR?

I like the comradery of running/walking with people who enjoy the sport. I like that the Club supports and promotes racing in our area. Without the Club, there would be a lot fewer races for all of us to enjoy throughout the year.

Anything else you'd like the CKRR members to know about you?

Johnathan and I have a quest to run a half marathon in every state. So far I have 15 states down! We hope to knock off three more states next year. So far it's been a fun way to see different parts of the country and a great excuse to travel!

RACE RESULTS

Due to the large number of entrants in the Run the Mounds 5K and 5Miles race results will not be printed here. To see the results go to <http://www.andersonroadrunners.org>

Charity Run 5K Run/Walk

November 10, 2018

Runners

1. Kory Kennedy 17:59
2. Brody Brack 20:13
3. Julynne Spidell 21:41 1st Female
4. Don Andrews 21:54
5. Mat Snyder 22:30
6. Ron Moore 23:13
7. Hannah Moore 23:22
8. John Brack 23:51
9. Max Elmore 27:37
10. Mark Shorter 28:21
11. Anna Rangel 29:18
12. Jonah Hughes 31:55
13. Mike Deardorff 32:27
14. Cara McKellar 33:02
15. Ann Hubbard 34:00
16. Kelsey Koon 40:03
17. Robin Cole 41:17
18. Deb Taylor 43:40
19. Jenny Tudor 48:36
20. Sarah Hughes 52:40
21. David Hughes 53:07

Walkers

1. Vince Lorenz 29:53
2. Mary Miller 36:55 1st Female
3. Greg Wall 36:56
4. Jim Lorts 37:03
5. Stephen Wilson 41:33
6. Marianne Wilson 42:26
7. Bob McBride 45:29
8. Betty Yard 59:33

CKRR Cares 5K Race

11/22/18

Runners

1. Josh Everetts 17:00
2. Adam Rood 17:19
3. Kory Kennedy 17:42
4. Lewis Duke 18:33
5. Noel Shafer 18:57
6. Brody Brack 19:06
7. Brittany Neeley 19:18 1st Female
8. Byron Bundrent 20:06
9. Dana Neer 20:18
10. Tyler Lucas 20:33
11. Nathaniel Elkin 20:59
12. Hannah Moore 21:02
13. Don Andrews 21:04
14. Julynne Spidell 21:06
15. Christian High 21:24
16. Ella Kantz 22:03
17. Roger Sprouse 22:12
18. Jordan Ousley 22:59

19. Jay Priest 23:36
20. John Brack 23:54
21. Allison McMinn 24:06
22. Natalie Nicholson 24:09
23. Emma Marley 24:09
24. Gage Holder 24:10
25. Tim Hamilton 24:18
26. Ronnie Greene 24:36
27. Karly Lucas 24:46
28. Anne Kantz 24:53
29. Jaqueline Berkshire 25:08
30. Dave Mobley 25:14
31. Jo Ronk 25:24
32. Jared Shorter 25:42
33. Ethan Snyder 26:49
34. Valerie Snyder 26:53
35. Ava Kantz 27:05
36. Mark Shorter 27:11
37. Kirk Kennedy 27:12
38. Dana Culp 27:13
39. Hayden Salinas 27:20
40. Haley Salinas 27:20
41. Rosellen Connolly 27:30
42. Anna Rangel 27:32
43. Rudy Suryantoro 28:00
44. Joni Neer 28:09
45. Hannah High 28:19
46. Beth Wilson 28:38
47. Victoria Combs 28:42
48. Ezekiel Zimmerman 29:17
49. Steve Kilcline 29:29
50. Greg Kuhlman
51. Ray Fairchild 29:35
52. Vickie Thomas 30:04
53. Beth Kuhlman 30:05
54. Olivia Hicks 30:26
55. Reece Wright 30:48
56. Kelly Wright 30:49
57. Maurice Wright 30:55
58. Joy Marley 31:00
59. Grace Kuhlman 31:06
60. Luke Swartzendruber 31:07
61. Jonah Hughes 31:27
62. Lynn Herr 31:29
63. Brian Ronk 31:35
64. Carmen Larson 31:48
65. Darin Hollingsworth 31:49
66. Cara McKellar 31:52
67. Owen Salinas 32:13
68. Kelly Davis 31:14
69. Kasey Wall 32:58
70. Owen Snyder 33:05
71. Mat Snyder 33:05
72. Tori Gingerinch 33:06
73. Regan Ritchie 33:07
74. Parks Ortman 33:33
75. Brittany Lake 34:10
76. Michael Lake 34:17
77. Ann Hubbard 34:40
78. Jacob Trueblood 35:26
79. Collins Fiscus 35:58
80. Spencer Holder 36:13
81. Beth Silence 37:22

82. Pat Roth 37:26
 83. Bruce Savage 38:05
 84. Sam Simons 38:10
 85. Michelle Ludlow 38:11
 86. Michael Graham 38:55
 87. Riley Case 39:29
 88. Alisha Miller 39:55
 89. Khysen Pundt 40:22
 90. Amy Pundt 40:24
 91. Ricke Stucker 41:09
 92. Kelsey Koon 41:39
 93. Marietta Miles 41:43
 94. Hayden Walker 42:34
 95. Jenni Ortman 42:34
 96. Jenny Tudor 44:19
 97. Amanda Beasley 49:43
 98. Kelli Crume 49:44
 99. Carol Savage 58:53
- #### Walkers
1. Vince Lorenz 28:40
 2. Mary Miller 35:29 1st Female
 3. Greg Wall 36:39
 4. Brandon Mink 37:44
 5. Steve Wilson 39:20
 6. Marianne Wilson 40:15
 7. Tony Lorenz 41:31
 8. Bob McBride 43:49
 9. Jan Wall 44:52
 10. Elissa Hughes 46:45
 11. Lori Akers 46:46
 12. Debbie Maden 47:33
 13. Devon Good 47:34
 14. Kelly Maden 47:54
 15. Carol Torrents 49:31
 16. Rob Wilson 49:33
 17. Amanda Shepard 49:35
 18. Pam Mobley 50:44
 19. Kathleen Taylor 50:45
 20. Julie Canady 50:47
 21. Caitlin Shotwell 50:51
 22. Kim Pflvever 50:52
 23. Courtney Talley 50:54
 24. Bob Cupp 51:53
 25. Katelyn Ward 52:16
 26. Ryan Ward 52:17
 27. Katrina Wise 53:04
 28. Sue Keller 53:05
 29. Kathryn Wall 56:17
 30. William Cox 56:18
 31. Phyllis Cox 56:35
 32. Jennifer Cox 56:37
 33. Diana Brown 58:54
 34. Disney Powless 1:02:12
 35. Krystyne Wilson 1:02:13
 36. Paige Powless 1:02:13
 37. Bruce Juhl 1:02:37
 38. Judy Juhl 1:02:48

2018 CKRR Race Schedule

Changes since last newsletter,

V—volunteer opportunities for club members.

Saturday December 1

Rudolph 5K Run/ Walk

8am
Kokomo Public Library, 220 N Union St Kokomo
\$20 early/ \$25 late,
family discounts available

Monday December 31

CK NY Eve 5K Run/ Walk— V

2pm
Rogers Pavilion, Highland Park, Kokomo
\$5 member/ \$8 non-members
Ashley Shanks, RD

DECEMBER BIRTHDAYS

- 12-2 Bob Cupp
- 12-2 Nicole McDorman
- 12-6 Ronnie Greene
- 12-7 Don Andrews
- 12-7 Reece Wright
- 12-8 Kayla Bullock
- 12-11 Diana Deyoe
- 12-12 Heather Weber
- 12-15 Arianna Shanks
- 12-18 Michael Graham
- 12-19 Katrina Wise
- 12-22 Ava Kantz
- 12-22 Ryan Small
- 12-22 Annaliese Weitzel
- 12-26 Patricia Weitzel
- 12-29 Emilie Hubbard
- 12-29 Owen Salinas
- 12-30 Charlie Skoog
- 12-30 Maggie Weber
- 12-31 Anthony Beachy

OFFICIAL 2019 RACE SCHEDULE

changes

FEBRUARY

2/2/19 Saturday Groundhog 7m Zionsville 1pm

MARCH

3/16/19 Saturday Norris Amboy 5K 9am
3/23/19 Saturday Sam Costa 1/4 Marathon Carmel 9:10am

APRIL

4/6/19 Saturday Rhenda Action CK Ultimate 5m, 10m 9am
4/27/19 Saturday Carl Koontz Memorial 5K Race TBD

MAY

5/4/19 Saturday Indy Mini 500 Festival 5K 7am
5/11/19 Saturday Norris Kokomo 4m 8:30am
5/18/19 Saturday MCF Breakout 5K Bunkerhill 8am

JUNE

6/6/19 Thursday Coyote Kids #1 Jackson-Morrow Park 6pm
6/8/19 Saturday Norris Greentown 5K 8am
6/13/19 Thursday Coyote Kids #2 Jackson-Morrow Park 6pm
6/15/19 Saturday Flora Hog Job 2m, 10K 7:30am
6/20/19 Thursday Coyote Kids #3 Jackson-Morrow Park 6pm
6/27/19 Thursday Coyote Kids #4 Jackson-Morrow Park 6pm

JULY

7/4/19 Thursday Walton Independence Day 5K 8:15am
7/6/19 Saturday CK/Haynes Apperson 5K 8am
7/6/19 Saturday CK Haynes Apperson Kid Track Meet 9am
7/11/19 Thursday Coyote Kids #5 Jackson-Morrow Park 6pm
7/13/19 Saturday Race for Grace 5K Logansport 8am
7/18/19 Thursday Coyote Kids #6 Jackson-Morrow Park 6pm
7/20/19 Saturday Panther Prowl 5K 8am
7/25/19 Thursday Coyote Kids Awards Night Connection 5-7pm

AUGUST

8/3/19 Saturday Norris Converse 5K 8am
8/10/19 Saturday Forget Me Not 5K Kokomo 8am
8/24/19 Saturday Running the Shores 5K, 10K Kokomo 8am
8/31/19 Saturday Steps to Recovery 5K, Kokomo 8am

SEPTEMBER

8/2/19 Monday Blueberry Stomp 5K, 15K Plymouth 9am
8/14/19 Saturday Saints on the Run 5K, Kokomo 9am
8/21/19 Saturday Fueled by Fire, Amboy Volunteer Fire Co TBD
8/28/19 Saturday Bee Bumble 5K, 10K Burnettsville 8:15am

OCTOBER

10/5/19 Saturday Cole Porter 5K, 15K Peru 9am
10/12/19 Saturday Red Gold Run To Crush Hunger, Elwood 9:30am
10/26/19 Saturday Chili Chase 5K, 10K Peru 10am
10/26/19 Saturday CK Charity 5K Run/Walk, Kokomo 9am

NOVEMBER

11/3/19 Sunday Run the Mounds 5m/5K run, 5K walk 2pm
11/28/98 Thursday CK Cares 5K, Kokomo 8am

DECEMBER

12/7/18 Saturday Rudolph Run 5K, Kokomo 9am
12/31/18 Tuesday CK NY Eve 5K, Kokomo 2pm



RUNNERS**FEMALE****0-12**

Moore, Hanna 80-4
Kantz, Ava 55-3
Hughes, Sarah 50-3
Riggle, Gretchen 47-3
Weber, Kelsey 35-2
Snyder, Leah 20-1 V
Wright, Bella 20-1
Wright, Taliah 20-1
Webber, Natalie 12-1

13-19

Smith, Elizabeth 194-11 V
Bullock, Kayla 89-5
Salinas, Haley 87-5
Spidell, Julynne 75-4 H
Kantz, Ella 55-3
Ford, Alivia 45-3
Wyman, Sophia 30-2
Shanks, Arianna 20-1 V
Ramsell, Maddie 15-1
Bullock, Anna 15-1

25-29

Gillem, Brittiani 305-16 MHHV
Koon, Kelsey 169-10 HH
Kirkwood, Bethany 155-8 UMHH
Davis, Kelly 40-2

30-34

Massey, Tiffany 420-21 HVV
Heflin, Laura 322-20 HV
Hudson, Kayla 157-11 V
Snyder, Valerie 40-2 H

35-39

Tudor, Jenny 447-25 HH
McQuaide, Danielle 310-16 HHV
Shanks, Ashley 100-5 HVV

40-44

Shafer, Amy 160-8 MHH
Wright, Kelly 55-3
Van Horn, Jennifer 52-3 HH
Kantz, Anne 50-3

45-49

Wyman, Shelly 80-4
Beachy, Debbie 70-4 H
Bullock, Sheree 47-3
Brack, Staci 15-1

50-54

Savage, Carol 165-9 V
Moore, Tami 100-5 HH
Neer, Joni 60-3

55-59

McKellar, Cara 355 UHHV
Stuebaker, Kelly 345-22 HVV
Hubbard, Anne 305-17 HH
Snyder, Kathy 129-8 HHV
Stucker, Jayne 20-1 V

60-64

Rangel, Anna 400-20 HH
Tetrault, Robin 160-9 RD
Taylor, Deb 127-8
Sandifur, Lorene 20-1
Boles, Vicki 12-1

65-69

Cole, Robin 320-16
Townsend, Jeannie 65-3 RDV
Smith, Judy 20-1

70-74

Gerhart, Susan 20-1

MALE**0-12**

Snyder, Ethan 140-7 H
Snyder, Owen 20-1
Weitzel, Ben 20-1
Salinas, Hayden 15-1
Wright, Reece 12-1
Salinas, Owen 10-1

13-19

Stuebaker, Alex 380-21 VV
Brack, Brody 220-11 H
Hughes, Jonah 75-4

25-29

Kennedy, Kory 360-18 HH

30-34

Kennedy, Kirk 260-13 HH

35-39

McQuaide, Johnathan 230-12 HH
Snyder, Mat 180-9 H
Anderson, Michael 30-1 RD

40-44

McQuiston, Aaron 60-3
Wright, Maurice 20-1

45-49

Brack, John 180-9 H
Hill, Keith 75-4 HV
Small, Ryan 75-4 H
Wyman, Paul 62-4
Weber, T.A. 20-1
Riggle, Scott 15-1
Weitzel, Virgil 10-1

50-54

Shafer, Noel 260-13 MHH
Graham, Michael 231-13 VVV
Neer, Dana 85-5 H
Beachy, Tony 50-3 H
Moore, Ron 40-2

55-59

Deyoe, Scott 266-16 MHH
Andrews, Don 230-12 H
Tierney, Warren 227-14 HHVVV
Sanders, Paul 152-9
Savage, Bruce 147-10 V
Rozzi, Phil 141-9 H
Bundrent, Byron 80-4 HH
Bruce, David 40-2 V

60-64

Elmore, Max 375-20 HH
Deardorff, Mike 185-10 H
McAndrews, Keith 172-10 H
Snyder, Norm 129-9 HHV
Tetrault, Ray 50-2 RDV
Townsend, Greg 40-2 VV
Hamilton, Scott 24-2

65-69

Shorter, Mark 265-14 V
Greene, Ronnie 140-7 MHV

Chew, Fred 40-2
Kilcline, Steve 32-2
Smith, Rocky 20-1
Skoog, Charlie 12-1

70-74

Hughes, David 495-25 HV
Stucker, Ricke 185-11 VV

75-79

Peters, John 180-9
Sullivan, Dale 15-1

80+

Case, Riley 120-6

WALKERS**FEMALE****40-44**

Wise, Katrina 260-13

50-54

Tierney, Felicia 240-12 HHVVV
Kestle, Sherry 80-4 HH

55-59

Miller, Mary 440-22 H
Wilson, Marianne 270-17
Heflin, Jean 230-18 V
Berkshire, Debby 158-10 MHH
Deyoe, Chari 30-2

60-64

Yard, Betty 300-15

65-69

Keller, Sue 265-15 RDV
Wall, Jan 240-12 H

70-74

Dillman, Anita 180-9 HH
Brown, Diana 60-3 VV

MALE**30-34**

Lorenz, Vince 340-17 H

55-59

Whitted, Kevin 120-6

60-54

Spencer, Ricke 40-2 H

65-69

Wilson, Stephen 295-17
Lorenz, Tony 294.5-20 HV
Wall, Greg 270-14 H
Keller, Vern 216.5-14 RDVV
Michaels, Robin 187-16

70-74

McBride, Bob 310-16
Stinchcomb, Floyd 100-5

75-79

Gross, Jim 160-8
Coughlin, Dan 20-1 V
Mohr, John 20-1
Shuey, Stan 20-1 V

80+

Cupp, Bob 100-5

*Don't forget to turn in Ultras, Half Marathons, and marathon information to the editor to get your points! **Results must be turned in within 14 days of completing the race to receive your points.** Send emails to: editorckrr@gmail.com*

CKRR CLUB MEETING NOVEMBER 12, 2018

On November 12, 2018 the meeting was called to order at 6pm by Vice President Vern Keller

1. Prayer by Vicki Boles
2. Jeannie Townsend made a motion to suspend the reading of the minutes. Diana Brown 2nd the motion. Motion carried. Dani McQuaide made a motion to accept the minutes with the revision that Vice president Vern Keller presided the meeting no President Patty Weitzel. Jeannie Townsend 2nd, motion carried.
3. Treasurer's report given by Mark Shorter
4. Old Business
 - a. Discussed the idea of donating a park bench with the club name on it.
5. New Business
 - a. Turn out for the Charity Race was not what was hoped for. There was positive feedback on the new course. Jeannie Townsend made a motion to take \$600 from the Coyote Kids account and add it to the donations from Charity Run to give to the school. Mary Miller 2nd. Motion carried.
 - b. Jeannie Townsend made a motion to move the CK Charity 5K Run/Walk to the last Saturday in October. Dani McQuaide 2nd. Motion carried.
 - c. Vicki Boles made a motion to get a handle and stool for the trailer. Jeannie Townsend 2nd. Motion carried.
 - d. Officers for upcoming elections: President: Dani McQuaide; Vice President: Vern Keller; Treasurer: Mark Shorter; Editor: Tiffany Massey; and Chaplain: Ray Tetrault.
 - e. Dani McQuaide volunteered to head up the awards committee. If you are interested in volunteering for the awards committee please contact Dani.
6. Meeting Adjourned.

Those present were: Don Andrews, David Bruce, Greg Townsend, Jeannie Townsend, Diana Brown, Sue and Vern Keller, John Wiles, Mary Miller, Dani McQuaide, Vicki Boles, and Mark Shorter



CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEB—
www.ClubKokomoRoadRunners.com
 Facebook—Club Kokomo Roadrunner
 Contact the editor— editorckrr@gmail.com

